

Greetings, Beloveds, it is I, Gabriel.

I am here to lead you in a centering meditation. But before I do that, I would like to invite you to prepare yourself for this Gathering.

Let us start with consciously activating your Merkaba field, spinning it at that 100% field of Light. This puts you in that 5<sup>th</sup> and 6<sup>th</sup> Dimensional frequency range that is so important each and every time that we gather together in this Collective Sphere of Consciousness.

[All the Great Beings remain in our Holographic Sphere for us!]

Now, this Sphere is composed of you, as the individual Christed Images embodied, of the Seating of the Divine. It also includes all members of that great Collective Sphere that we created together at the Crystal Conference. We have not left you, Beloveds! We have not withdrawn, as our usual practice once a conference is finished and the energetics have been achieved.

But this particular Sphere stays open, and we invite you often to center yourself in that 100% Light in that 5<sup>th</sup> Dimensional state of Being, enter into the Collective Consciousness of this Sphere, and draw from the nourishment that is available from this vast Collective Energy that we have created together.

This is a great resource for you, Dear Ones. In the coming times, a lot is happening. And many of you are noticing that you are being triggered and things are surfacing right and left. These energetics that you have facilitated and helped put in play, in regards to the Light Templates of the 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimension, are extensive. And they will root out anything that does not operate within the resonance of those vibrations and frequencies.

It's important for you to understand that these things will surface, but they are only momentary. They are not to be dwelled upon. They are not to be felt in your emotions over and over again. This serves no purpose. You are far beyond that now.

So, it's important for you to nourish yourself often within the Collective Consciousness of this Sphere and the refined frequencies and vibrations that can be found there. It's a great resource for you. Visit it often – daily. But be sure to clear your field, set your vibration at that 100% Light, and be sure that you are in the frequency of 5<sup>th</sup> Dimension. This will help you tremendously.

Now these triggers and momentary flags will not continue for great lengths of time, but they will occasionally rise. It just seems to be more so in this last few weeks. And this will continue until the end of August. After that, they will dissipate to a great deal and will then enable you to focus more on your duties at hand.

[Centering Meditation]

[5:24] So, if you will take a deep breath now...  
And just be in our Collective Sphere... of energy...

See the Radiance of Light within this Sphere...  
Feel the welcoming of all who are within the Collective...  
Feel the nurturing atmosphere, environment...

But most of all, begin to recognize and notice  
the Presence of those 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> Dimensional Light Templates,  
and the extensive frequencies and vibrations that are present.....  
They are part of your body now, because you received them.

Notice when you place attention on your body as a 5<sup>th</sup> Dimensional Vehicle of Light,  
notice these Templates that are within that 5<sup>th</sup> Dimensional Body,  
within your Light Body.....

And as you move forward in the remainder of this year of 2017...  
recognize that these frequencies of these beautiful Light Templates,  
that are so extensive,  
will grow and grow within your body.....

Feel the refinement that is within you... the calmness...  
Notice your Sacred Heart... how open that Master Vessel is.....  
Notice the consciousness that is there... that is part of you.....

Now, take another deep breath.....  
Allow yourself to stay in this Sphere... in this refined state of consciousness...  
But place your attention on the present moment of this call.